



Making the right food choices, together.

# HEALTHY BITES

PROVIDING LEADERSHIP TO SCHOOL NUTRITION PROFESSIONALS

## MARCH/APRIL 2016 NEWSLETTER

### April 30—Regional Training in Fort Morgan

Saturday, April 30  
8am-4pm  
Fort Morgan High School  
709 E. Riverview Ave. in Fort Morgan

Classes offered include:

- ◆ **Food Safety in Schools**—An Institute of Child Nutrition training course that focuses on serving safe foods in schools.
- ◆ **School Foodservice Fundamentals**—A training aimed to provide key content instruction related to the four key areas of focus within the SNA Professional Standards.

**Cost:** \$50 for members or \$75 for non-members and includes lunch.

**Registration:** <https://www.colosna.com/index.php?page=84>

Space is limited for both classes so be sure to register early!

### CSNA Questions?

Questions about items highlighted in the CSNA newsletter or for advertising inquiries? Contact Jen Johnson at 303-993-8064 or [jen@colosna.com](mailto:jen@colosna.com).



Tips and Tricks for Successful Large Equipment Purchasing to name a few.

In addition, attendees can look forward to conference highlights such as:

- Rock'n in the Rockies Entertainment Night & Dinner featuring *The Jakarta Band*
- Fierce district competition during the popular Chef Challenge
- Multiple culinary demonstrations
- Keynote presentation from Jeff Joiner on *Putting the Pieces Together: Solving the Puzzle of Building a World-Class Child Nutrition Program*

All while enjoying the beauty and relaxation of being in the Colorado Rockies! For a full conference schedule and to register online, visit <https://www.colosna.com/index.php?page=82>. We look forward to seeing you in Copper Mountain!

### Registration Is Now Open! CSNA Summer Conference 2016

June 13-15, 2016

Copper Mountain Resort

Book your hotel room, register yourself and your school lunch team and get ready for a fun-filled, educational mountain getaway! This year's Summer Conference offers an array of school nutrition related classes to meet professional standards for Colorado districts including: Farm to School, Food Safety Plans and Creating a Food Safe Culture; and



Weld SD6 team members Krls Simmons and Matt Pollng participating in the 2015 Chef Challenge!

### ANC 2016 San Antonio, TX

SNA's 70<sup>th</sup> Annual National Conference (ANC) will be held July 10-13, 2016! Join more than 6,000 attendees, including school nutrition professionals, industry members and allied organization representatives at the school nutrition event of the year. Come prepared for a fun, educational and thought-provoking experience in beautiful San Antonio, Texas! For more information and to register, visit <https://schoolnutrition.org/ANC2016/>.

You can also **Win a Free Registration to ANC 2016!** Tell us how SNA's Annual National Conference helps you **LEARN, LEAD and SUCCEED** in 100 characters or less. Three winners, drawn at random, will win free registration to ANC 2016 in San Antonio, Texas! To enter the sweepstakes, complete the form at <https://schoolnutrition.org/ANCsweeps/>. Sweepstakes ends **March 31, 2016**.



Colorado School Nutrition Association

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### Wake Up to School Breakfast during NSBW 2016!

National School Breakfast Week (NSBW) 2016 will take place March 7-11, 2016. Use the 2016 NSBW theme "Wake Up to School Breakfast" to spread the message to administrators, parents, and students that a healthy school breakfast brings a sunny start to the day for students. Visit [www.schoolnutrition.org/nsbw](http://www.schoolnutrition.org/nsbw) to download SNA's resources and celebration tips to get started today.

### Achieve Your Education Dreams with an SNF Scholarship

The School Nutrition Foundation will offer multiple scholarships in 2016 to SNA members who would like to achieve their education dreams by pursuing a degree program at a vocational/technical, undergraduate, graduate or post-graduate level. Professional Development scholarships provide SNA members with funding for tuition and books for the following school year.

SNF is now accepting online application submissions until April 4, 2016! For more information visit <https://schoolnutrition.org/Membership/Awards/SNFScholarships/>.

### School Nutrition Industry Conference (SNIC) Brings Industry and School Nutrition Leadership Together

Sometimes you need to get out of the office, out of the kitchen and away from it all to gather your best, fresh ideas! This year's SNIC provided that opportunity for more than 500 nutrition and industry professionals.

On January 17-19, nutrition leadership from throughout the country gathered in San Diego to share ideas, innovative solutions and best practices. One of the conference highlights was General Session Presenter, Curt Steinhorst from the Center for Generational Kinetics, who is an expert regarding how to bridge generations with employees and customers. "I particularly enjoyed and benefited from the presentation on 'How To Manage Gen Y'. The presentation contained insights and actions for unlocking Gen Y and millennial talent at work, and in turn helping them



understand baby boomers. I realized we all have specific generational challenges we could use help solving, and the first step is establishing better communication and understanding of what motivates different generations. I came away with a better understanding of Gen Y work ethic in particular, and have new ideas as to how to motivate different generations to work together, and appreciate and respect each other," said Nanci Byrne with Acosta Foodservice.

**SNIC attendees:**  
*Tony Jorstad with Brighton SD27J, Jen Johnson with CSNA and Shannon Solomon with Aurora conducting some culinary research at famed burger joint, Hodad's in San Diego, which has been featured on Diners, Drive-Ins and Dives.*



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Hobby Whalen Sales and Marketing  
Amanda Martin  
303-283-0000  
[amartin@hobbywhalen.com](mailto:amartin@hobbywhalen.com)



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### **Breakfast at the Capital—Another Successful Year!**

The Old Supreme Court Chambers at the State Capital was the site of the 2016 Colorado School Nutrition Association's annual Legislators breakfast. This year CSNA, with the support of our lobbyist group Capital Success, hosted the largest number of Representatives and Senators we've ever had at this event! Members of CSNA fielded questions from legislators on all sorts of topics dealing with school nutrition and the challenges that are faced with not only meeting all of the requirements of the meal patterns, but reaching out to that "picky" eater and getting them to try a new food choice.



**Above: Greeley team members enjoying the event. Below: CSNA members attending the legislative session.**

CSNA would like to thank our sponsor of the breakfast, Representative Moreno. Moreno has sponsored Breakfast at the Capital the past few years along with, at CSNA's request, bringing forward legislation this year on Breakfast After the Bell. CSNA members in attendance were invited onto the floor of the House of Representatives during the general session. Thank you to all who were able to attend the breakfast and help make it such a success. We look forward to hosting our 2017 Legislator Breakfast at the Capital early in the session and hope to see everyone there!



### **Thank You to the CSNA Trustee Industry Members**



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