

State School Health Policy Matrix

A COLLABORATIVE PROJECT OF:

National Association of Chronic Disease Directors

National Association of State Boards of Education

American Alliance for Health, Physical Education, Recreation and Dance



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NATIONAL ASSOCIATION OF
CHRONIC DISEASE DIRECTORS
Promoting Health. Preventing Disease.

NASBE
National Association of
State Boards of Education



American Alliance for
Health, Physical Education,
Recreation and Dance

Overview

As leaders across the country seek to improve student health, there is a growing need for tools to help navigate the complex world of school health policy.

States play a critical role in ensuring through policy and policy guidance that students are healthy, active and ready to learn. While federal policies cover some areas of school health, such as school meals, state policies govern many areas not addressed in federal policy. Even for those areas where federal policies exist, state and local level policies can and often do exceed federal requirements.

The way in which states adopt policies related to school health varies significantly by state and often differs by topic (e.g., physical education and school nutrition) within an individual state. No two states are the same in how they establish and strengthen policies across multiple areas of school health and student wellness. State-level school health policies are often governed by an array of legislated statutes, state agency rules and regulations, state board of education policies, and/or state board of health or nursing regulations. In addition, state agencies and boards often issue policy guidance in selected areas of school health, providing clear policy recommendations but leaving decision-making in the hands of local education agencies and their leadership. Given this complexity, policymakers, public health professionals, educators and school health advocates often need assistance in understanding diverse but inter-connected policies and the mechanism through which they were adopted.

State School Health Policy Matrix

The National Association of Chronic Disease Directors (NACDD), along with the National Association of State Boards of Education (NASBE) and American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD) have worked together to develop this guide to state-level school health policies for the following topics: competitive foods and beverages, physical education and physical activity, and administration of medication in the school environment. The State School Health Policy Matrix outlines relevant state-level policies for each of these areas, including a direct link to the policy.¹ Perhaps more importantly, it indicates which political entity or agency adopted the policy or issued guidance. In other words, it helps to answer the question – ***Who has historically had the authority to make policy changes in the areas of competitive foods and beverages, physical education and physical activity, and administration of medication in each state?***

The Matrix distills a large amount of research into a grid format that allows users to look across state lines and across topics within a single state. As many non-governmental organizations and school health advocates seek to inform and improve state policy to advance student health, the Matrix can serve as a starting place for understanding who makes policy decisions on different topics in a particular state. As was previously stated, every state is different. This guide helps to explain *how* they are different when it comes to the adoption of school health policies.

¹ Policies in place by 6/1/2013.

Using the Matrix to Navigate the Complex World of School Health Policy

The School Health Policy Matrix delineates primary and secondary policies for each topic covered. This distinction is critical in understanding why, in many cases, there is more than one mechanism through which policy is adopted. A state can have more than one primary and/or secondary policy for a particular topic, particularly if different aspects of a policy are addressed in separate pieces of legislation or regulations. The primary and secondary designation largely depends on the specific authority granted to state agencies, state boards and statewide coalitions by state statute or constitution. It is not unusual for legislators to set a broad legal framework and then grant authority to state boards or state agencies to adopt specific regulations. For example, in certain states, lawmakers have enacted legislation broadly mandating the teaching of physical education in all schools (i.e., primary policy). However, these same state assemblies have left the implementation of the mandate and the very definition of what constitutes physical education to members of the state board of education (i.e. secondary policy).

An example of primary and secondary policy mechanisms can be seen in the case of Alabama, which has a basic three-line statutory physical education mandate accompanied by a nearly 50-page State Board of Education policy on the state's actual curriculum. The Matrix designates Alabama's primary physical education mandate as LEGISLATION (LEG); the secondary mechanism is labeled as STATE BOARD OF EDUCATION POLICY (SBOE). In other states, a State Board of Education policy may be the primary policy mechanism. It is important to note that improvements to policies could be made in either or both of these areas, depending on the state context.

The Matrix provides a legal citation for every codified legislative statute, agency regulation (or administrative code), policy and internal organizational rule.

Laws can be made at various levels of state government, and the Matrix attempts to unpack this complexity by

coding an array of different sources. A few examples are included below:

- Legislation passed by a state assembly (LEG)
- State Department of Education Regulation (REG-DOE)
- State Department of Health Regulation (REG-DOH)
- State Department of Agriculture Regulation (REG-DOA)
- State Board of Education Policy (SBOE)

The Matrix also provides the user with state-level policy guidance documents that include specific policy recommendations relevant to the topic.

Although not enforceable by law, the documents are useful in determining a state's position on issues such as the administration of medication, school recess, or school beverage policy. In many cases they have been developed by a state agency in response to legislation or regulations for a specific area of school health. In states with high degrees of local control,² these guidance documents are frequently used by local school districts to develop policies.

Definition of Terms³

The State School Health Policy Matrix uses abbreviations to refer to specific types of policies.⁴ A key for the abbreviations can be found on the last page of each grid. A "policy" generally refers to a course of action to guide decision making at the governing level. A policy may be legally binding (state law) or may express advisory guidance. The following section provides an explanation of the policy abbreviations.

2 Local control - When local districts, rather than the state, independently make decisions on policies regarding curriculum and its compliance to state standards, teacher requirements, evaluation processes, and other specifications. (Source: <http://www.netc.org/digitalbridges/online/glossary/>)

3 Adapted from Chapter B: The Art of Policymaking of NASBE's Fit, Healthy, and Ready to Learn: A School Health Policy Guide.

4 A "policy" generally refers to a course of action to guide decision making at the governing level. A policy may be legally binding (state law) or may express advisory guidance.

LEGISLATION (LEG): Either a single law (statute) or a reference to a codified group of laws. “Code” and “statute” are used interchangeably in the guide, deferring to the term each state uses. Passing legislation is one of the most common ways for state assemblies to enact laws that apply throughout the state. Laws take precedence over every other type of policy and are subject to the full weight of state enforcement via the criminal or civil justice systems. In a few cases, legislation may include policy language that is not enforceable. For example, a state legislature may pass a law stating a goal that only healthy foods and beverages are provided during and after school hours and at school sponsored activities by a certain date, or may require the development of a state model physical activity policy but not require districts to adhere to it. Cases in which a state’s primary policy for a specific topic is not enforceable at the local level are designated with an asterisk (*) in the Matrix.

REGULATION, RULE OR ADMINISTRATIVE CODE (REG): A regulation refers to an administrative code or rule adopted by a state board or state agency leadership under authority granted by the state legislature. Although regulation, administrative code and rule are distinct legal terms, they are often used interchangeably at the state level. This guide uses the term utilized by each state. Regulations often carry the force of law within the education system. A regulation may implement a state law or in the absence of a specific law, set forth rules made by state agencies rather than legislators. The policy grid includes regulations, rules and/or administrative codes for State Board of Education (REG-SBOE), Department of Education as adopted by the State Board of Education (REG-DOE/SBOE), Department of Education (REG-DOE), State Board of Nursing (REG-SBON), Department of Health (REG-DOH), and Department of Agriculture (REG-DOA). The distinction between REG-SBOE, REG-DOE/SBOE and REG-DOE depends on the structure of a state and how regulations related to education are adopted.

POLICY AND POLICY GUIDANCE (SBOE, SBOH, SBON, SHAC AND PG): State boards of education, state boards of health, state boards of nursing, state health advisory committees and state agencies issue official policies and policy guidance documents on specific subjects (e.g. physical activity guidelines). In some cases state board and state health advisory committee policies are enforceable by law, in other cases they are not enforceable but are recommendations or model policies incentivized by the issuing agency or board, providing important recommendations for the developing of local level policies. Policy guidance documents are generally not enforceable, unless the legislation, regulation or policy that authorized their creation (the primary policy) specifically requires their implementation.

It is important to note that the issuing of recommendations and policy guidance rather than mandatory standards can be important in states in which governance is de-centralized and decision-making is concentrated at the local level (i.e. local control). Even in states with a lesser degree of local control, policy guidance can be an important first step, laying the ground work for the later adoption of binding policies. The Matrix provides abbreviations for Department of Education Policy Guidance (DOE – PG), Department of Health Policy Guidance (DOH – PG), State Board of Nursing Policy Guidance (SBON – PG) and for policies issued by the State Board of Education (SBOE), State Board of Health (SBOH), State Health Advisory Committee (SHAC), or a Coalition of Non-Governmental Organizations (COA).

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STATE SCHOOL HEALTH POLICY MATRIX
A Collaborative Project of NACDD, NASBE and AAHPERD

COMPETITIVE FOOD AND BEVERAGES					
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	COMPETITIVE FOOD	POLICY	COMPETITIVE BEVERAGES	POLICY
Alabama	Primary	SBOE	State Board of Education Resolution	SBOE	State Board of Education Resolution
Alaska	Primary	No policy		No policy	
Arizona	Primary	LEG	ARS 15-242	LEG	ARS 15-242
	Secondary	DOE-PG	Arizona Nutrition Standards	DOE-PG	Arizona Nutrition Standards
Arkansas	Primary	LEG	Code 20-7-133, 134	LEG	Code 20-7-133, 134
	Secondary	REG-DOE/SBOE	Rules Governing Nutrition and Physical Activity	REG-DOE/SBOE	Rules Governing Nutrition and Physical Activity
			Maximum Portion Size List		Maximum Portion Size List
California	Primary	LEG	Code 49430-49436	LEG	Code 49430-49436
	Secondary	REG-DOE/SBOE	CCR 15500, 15501, 15575-15508	REG-DOE/SBOE	CCR 15500, 15501, 15575-15508
Colorado	Primary	LEG	Statute 22-32-136	LEG	Statute 22-32-134.5
	Secondary	REG - DOE/SBOE	1 CCR 301-3	REG - DOE/SBOE	1 CCR 301-79
Connecticut	Primary	LEG	Statute 169 Sec 10-215e and f	LEG	Statute Chap170 Sec10-221g
	Secondary	DOE - PG	CT Nutrition Standards for Foods in School		
Delaware	Primary	LEG	Code 14 Sec 4136	REG-DOE/SBOE	Admin Code 14 800 Sec 852
	Secondary	REG-DOE/SBOE	Admin Code 14 800 Sec 852		
DC	Primary	LEG	Healthy Schools Act	LEG	Healthy Schools Act
Florida	Primary	LEG	Statute 570.981	LEG	Statute 570.981
	Secondary	REG - DOA	Rule 5P-1.003	REG - DOA	Rule 5P-1.003
Georgia	Primary	REG-DOE/SBOE	Rule 160-5-6-01	REG-DOE/SBOE	Rule 160-5-6-01
Hawaii	Primary	SBOE	Policy 6810	SBOE	Policy 6810
		SBOE	Policy 1110-6	SBOE	Policy 1110-6
	Secondary	DOE - PG	State Wellness Guidelines	DOE - PG	State Wellness Guidelines
Idaho	Primary	DOE - PG*	New Nutrition Standards for Idaho School Meals	DOE - PG*	New Nutrition Standards for Idaho School Meals
Illinois	Primary	REG-DOE/SBOE	Admin Code 23 Sec 305.15	REG-DOE/SBOE	Admin Code 23 Sec 305.15
Indiana	Primary	LEG	Code 20-26-9-19	LEG	Code 20-26-9-19
Iowa	Primary	LEG	Code 256.7	LEG	Code 256.7
	Secondary	REG-DOE/SBOE	Admin Code 281-58.10	REG-DOE/SBOE	Admin Code 281-58.10
Kansas	Primary	LEG	Statute 72-5128	LEG	Statute 72-5128
	Secondary	SBOE	State Board Adoption of Policy	SBOE	State Board Adoption of Policy
		DOE-PG	Kansas School Wellness Policy Model Guidelines	DOE-PG	Kansas School Wellness Policy Model Guidelines
Kentucky	Primary	LEG	Statute 158.854	LEG	Statute 158.854
	Secondary	REG-DOE/SBOE	Admin Reg 702 Sec 6.090	REG-DOE/SBOE	Admin Reg 702 Sec 6.090
Louisiana	Primary	LEG	Statute 17:197.1	LEG	Statute 17:197.1
	Secondary	REG-DOE/SBOE	Admin Code Title 28 Ch XLIX Sec 741	REG-DOE/SBOE	Admin Code Title 28 Ch XLIX Sec 741

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STATE	PRIMARY OR SECONDARY POLICY MECHANISM	COMPETITIVE FOOD	POLICY	COMPETITIVE BEVERAGES	POLICY
Maine	Primary	LEG	Statute Title 20-A-6662	LEG	Statute Title 20-A-6662
	Secondary	REG-DOE/SBOE	Rule 05-071-51	REG-DOE/SBOE	Rule 05-071-51
Maryland	Primary	REG - DOE/SBOE	DOE Operations Memo MOM012	REG - DOE/SBOE	DOE Operations Memo MOM012
	Secondary	LEG	Code Sec 7-423	LEG	Code Sec 7-423
Massachusetts	Primary	LEG	General Law Ch 111 Sec 223	LEG	General Law Ch 111 Sec 223
	Secondary	SBOH	Adoption of Standards	SBOH	Adoption of Standards
		REG - DOH	105 CMR 225.000	REG - DOH	105 CMR 225.000
Michigan	Primary	SBOE*	Michigan Nutrition Standards	SBOE*	Michigan Nutrition Standards
Minnesota	Primary	No policy		No policy	
Mississippi	Primary	LEG	Code 37-13-137	LEG	Code 37-13-137
	Secondary	SBOE	Policy 4004	SBOE	Policy 4004
		SBOE	Policy 4003	SBOE	Policy 4003
		SBOE	Policy 2002	SBOE	Policy 2002
Missouri	Primary	No policy		No policy	
Montana	Primary	No policy		No policy	
Nebraska	Primary	No policy		No policy	
Nevada	Primary	SBOE	Statewide School Wellness Policy	SBOE	Statewide School Wellness Policy
New Hampshire	Primary	LEG	Statute 189:11	LEG	Statute 189:11
	Secondary	REG-DOE/SBOE	Rule 306.11	REG-DOE/SBOE	Rule 306.11
		DOH - PG/DOE-PG	School Foods Implementation Guide	DOH - PG/DOE-PG	School Foods Implementation Guide
New Jersey	Primary	LEG	Statute 18A:33-16	LEG	Statute 18A:33-16
	Secondary	REG-DOA	Admin Code 2: 36-1.7 and 36-1.11	REG-DOA	Admin Code 2: 36-1.7 and 36-1.11
		SBOE	School Nutrition/Wellness Policy	SBOE	School Nutrition/Wellness Policy
New Mexico	Primary	LEG	Statute 22-13-13.1	LEG	Statute 22-13-13.1
	Secondary	REG - DOE/SBOE	Admin Code 6.12.5	REG - DOE/ SBOE	Admin Code 6.12.5
New York	Primary	LEG	Ed Law 915	LEG	Ed Law 915
North Carolina	Primary	LEG	Statute 115C-264.2	LEG	Statute 115C-264.2
	Secondary	SBOE	Policy TCS-S-002	SBOE	Policy TCS-S-002
		DOH-PG/DOE-PG	Recommended Standards for All Foods in School	DOH-PG/DOE-PG	Recommended Standards for All Foods in School
		REG - DOE	Admin Code 16 6H.0104	REG - DOE	Admin Code 16 6H.0104
North Dakota	Primary	No policy		No policy	
Ohio	Primary	LEG	ORC 3313.814 & 817	LEG	ORC 3313.816
	Secondary	REG-DOE/SBOE	Admin Code 3301-91	REG-DOE/SBOE	Admin Code 3301-91
Oklahoma	Primary	LEG	Statute 70-5-147	LEG	Statute 70-5-147
	Secondary	REG-DOE/SBOE	Admin Code 210: 10-3-111	REG-DOE/SBOE	Admin Code 210: 10-3-111

KEY for abbreviations is found on the last page of each topic in the matrix.

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COMPETITIVE FOOD AND BEVERAGES					
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	COMPETITIVE FOOD	POLICY	COMPETITIVE BEVERAGES	POLICY
Oregon	Primary	LEG	Statute 336.423	LEG	Statute 336.423
	Secondary	REG-DOE/ SBOE	Admin Rule 581-051-0100	REG-DOE/ SBOE	Admin Rule 581-051-0100
Pennsylvania	Primary	No policy		No policy	
Rhode Island	Primary	LEG	Statute 16-21-7	LEG	Statute 16-21-7
		LEG	Statute 16-21-29	LEG	Statute 16-21-29
		LEG	Statute 23-1-18	LEG	Statute 23-1-18
	Secondary	REG - DOH / REG-SBOE	Rule R16-21-SCHO	REG - DOH / REG-SBOE	Rule R16-21-SCHO
South Carolina	Primary	LEG	Codes 59-10-310, 330, 340 and 59-10-380	LEG	Codes 59-10-310, 330, 340 and 59-10-380
	Secondary	REG-SBOE	Reg R 43-168	REG-SBOE	Reg R 43-168
South Dakota	Primary	LEG*	Concurrent Res 4	LEG*	Concurrent Res 4
	Secondary	DOE-PG	Model Wellness Policy	DOE-PG	Model Wellness Policy
Tennessee	Primary	LEG	Code 49-6-2307	LEG	Code 49-6-2307
	Secondary	REG-SBOE	Rule 0520-1-6.04	REG-SBOE	Rule 0520-1-6.04
Texas	Primary	REG-DOA	Admin Code 4 Sec 26.1 -26.9	REG-DOA	Admin Code 4 Sec 26.1 -26.9
Utah	Primary	REG-SBOE	Admin Code R277-719	REG-SBOE	Admin Code R277-719
Vermont	Primary	LEG	Act 203, Sec 16	LEG	Act 203, Sec 16
	Secondary	DOE-PG / DOH-PG	Nutrition Guidelines for Competitive Foods and Beverages in Schools	DOE- PG / DOH-PG	Nutrition Guidelines for Competitive Foods and Beverages in Schools
Virginia	Primary	LEG	Code 22.1-207.4.	LEG	Code 22.1-16
		REG-SBOE	Admin Code 8 Sec 20-290-10	REG-SBOE	Admin Code 8 Sec 20-290-10
	Secondary	REG-SBOE	Admin Code 8 Sec 20-740-10 to 40		

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STATE	PRIMARY OR SECONDARY POLICY MECHANISM	COMPETITIVE FOOD	POLICY	COMPETITIVE BEVERAGES	POLICY
Washington	Primary	LEG*	Code 28A.210.360 and 365	LEG*	Code 28A.210.360 and 365
West Virginia	Primary	SBOE	Rule 126-86-1 to 16	LEG	Code18-2-6a
	Secondary			SBOE	Rule 126-86-1 to 16
Wisconsin	Primary	No policy		No policy	
Wyoming	Primary	No policy		No policy	

KEY	
LEG	Legislation
SBOE	State Board of Education Policy
SBOH	State Board of Health
REG - DOE	State Department of Education Regulation
REG-DOE/SBOE	Department of Education Rule Adopted by State Board of Education
REG - SBOE	Regulation - State Board of Education
REG - DOH	State Department of Health Regulation
REG - DOA	State Department of Agriculture Regulation
REG - BON	Board of Nursing Regulation
DOE - PG	Department of Education - Policy Guidance
DOH - PG	Department of Health - Policy Guidance
BON - PG	Board of Nursing - Policy Guidance
SHAC	State Health Advisory Committee
COA	Coalition of Non-Governmental Organizations
*	Denotes recommendations or non-binding primary policy

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Management of Chronic Conditions in the School Environment												
State	Primary or Secondary Policy Mechanism	Self-Admin of Asthma Medication		Policy	Self-Admin of Anaphylaxis Medication		Policy	Self or Staff ¹ Admin of Diabetes Medication	Policy	Staff ¹ Admin of Medication	Policy	
Alabama	Primary	LEG		Code 16-1-39	LEG		Code 16-1-39	LEG		Code 16-1-39	REG-BON	Admin Code 610-X-7
	Secondary	DOE - PG / BON		Curriculum to Teach Unlicensed School Personnel	DOE - PG / BON - PG		Curriculum to Teach Unlicensed School Personnel	DOE - PG / BON - PG		Curriculum to Teach Unlicensed School Personnel	DOE - PG / BON - PG	Curriculum to Teach Unlicensed School Personnel
Alaska	Primary	LEG		Statute 14.30.141	LEG		Statute 14.30.141	No policy			REG-BON	12 AAC 44.950-44.975.
	Secondary	BON-PG		Medication Administration: Guide for Training Unlicensed School Staff	BON-PG		Medication Administration: Guide for Training Unlicensed School Staff				BON-PG	Medication Administration: Guide for Training Unlicensed School Staff
											BON-PG	Medication Administratiton in the School Setting
Arizona	Primary	LEG		Statute 15-341	LEG		Statute 15-341	LEG		Statute 15-344.01	LEG	Statute 15-344
Arkansas	Primary	LEG		Code 6-18-707	LEG		Code 6-18-707	No policy			REG-DOE	Rule 005.15
	Secondary	DOE-PG		Guidelines for Implementation of 6-18-707	DOE-PG		Guidelines for Implementation of 6-18-707				REG-BON	Rule Chapter 9
											DOH - PG	School Nurse Roles and Responsibilities Practice Guidelines
California	Primary	LEG		Ed Code 49423.1	LEG		Ed Code 49423	LEG		Ed Code 49414.5	LEG	Ed Code 49423
											LEG	Ed Code 49414
											REG-DOE	CCR 5, Div 1, Ch 2, Sub 3, Article 4.1, 600-604
	Secondary	DOE - PG/SBOE		Program Advisory on Medication Administration	DOE - PG/SBOE		Program Advisory on Medication Administration	REG-DOE	6 CCR 604		DOE - PG/SBOE	Program Advisory on Medication Administration
								DOE-PG	Program Advisory on Medication Administration	DOE-PG	Program Advisory on Medication Administration	

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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT											
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION		POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION		POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY
Colorado	Primary	LEG	Statute 22-1-119.5.	LEG	Statute 22-1-119.5.	REG-BON	3 CCR 716-1	REG-BON	3 CCR 716-1		
	Secondary	DOH-PG	Guidelines for Medication Administration	DOH-PG	Guidelines for Medication Administration			DOE - PG	Medication Administration in the School Setting: Guidelines		
Connecticut	Primary	LEG	Sec 10-212a	LEG	Sec 10-212a	No policy		LEG	Sec 10-212a		
	Secondary	REG-DOE/SBOE	Admin of Medication by School Personnel	REG-DOE/SBOE	Admin of Medication by School Personnel			REG - DOE	Admin of Medication by School Personnel		
Delaware	Primary	REG - DOE/SBOE	Admin Code 14-612	REG - DOE/SBOE	Admin Code 14-612	No policy		REG - DOE/SBOE	Admin Code 14-817		
DC	Primary	LEG	Code 38-651.02-12	LEG	Code 38-651.02-12	LEG	Code 38-651.02-12	LEG	Code 38-651.02-05		
Florida	Primary	LEG	Statute 1002.20	LEG	Statute 1002.20	LEG	Statute 385.203	LEG	Statute 1006.062.		
	Secondary	DOE - PG	Technical Assistance Paper	DOE - PG	Technical Assistance Paper	REG-DOE/SBOE	6A-6.0253				
Georgia	Primary	LEG	Code 20-2-774	LEG	Code 20-2-776	No policy		REG - DOE/SBOE	160-4-8-01		
	Secondary	COA	School Health Manual	COA	School Health Manual			COA	School Health Manual		
Hawaii	Primary	LEG	Statute 302A-1164	LEG	Statute 302A-1164	LEG	Statute 302A-1164	LEG	Statute 302A-1164		
Idaho	Primary	LEG	Statute 33-520	LEG	Statute 33-520	No policy		No policy			
Illinois	Primary	LEG	105 ILCS 5/22-30.	LEG	105 ILCS 5/22-30.	LEG	105 ILCS 145/15	LEG	105 ILCS 5/22-30.		
								LEG	105 ILCS 5/10-22.21b.		
	Secondary	SBOE / DOH	Recommended Guidelines for Med Admin	SBOE / DOH	Recommended Guidelines for Med Admin			LEG	105 ILCS 145/15		
Indiana	Primary	LEG	Code 20-33-8-13	LEG	Code 20-33-8-13	LEG	Code 20-34-5-12 through 18	LEG	Code 34-30-14		
								LEG	Code 20-34-5		

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STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION		POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION		POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY
Iowa	Primary	LEG		Code 280.16	LEG		Code 280.16	No policy		LEG / REG-BON	Codes 280.23, 256.11(9B), 124.101(1), 147.107, 155A.4(2)c, Chapter 152; Admin Code 655 I.A.C. 6.1, 6.2(5)c, 6.2(5)d;
	Secondary	DOE - PG		Medication Management in Iowa Schools	DOE - PG		Medication Management in Iowa Schools			REG - DOE	Reg 281 IAC 41.404
										DOE-PG	Medication Management in Iowa Schools
Kansas	Primary	LEG		Statute 72-8252	LEG		Statute 72-8252	No policy		REG - BOH	Reg 60-15-101 to 104
										LEG	Statute 72-8258
Kentucky	Secondary	DOH - PG		Guidelines for the Administration of Med	DOH - PG		Guidelines for the Administration of Med			DOH - PG	Guidelines for the Administration of Med
	Primary	LEG		Statute 158.834	LEG		Statute 158.834	LEG	Statute 158.838	LEG	Statute 156.501-502
										LEG	Statute 158.838
Louisiana	Secondary									REG - DOE/SBOE	702 KAR 1:160
	Primary	LEG		Statute 17:436.1.	LEG		Statute 17:436.1.	No policy		DOE - PG	Medication Administration Training Manual
										REG-DOH / REG- BON	Rule: Administration of Medication
	Secondary	REG-BOE/SBOE		Title 28 Bulletin 741 Sec 1129	REG-BOE/SBOE		Title 28 Bulletin 741 Sec 1129			REG-BOE/SBOE	Title 28 Bulletin 135 Sec 305

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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT												
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION		POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION		POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY	
Maine	Primary	LEG	Statute 20-A, Sec 254		LEG	Statute 20-A, Sec 254		No policy			LEG	Statute 20-A, Sec 254
	Secondary	REG - DOE	Rule Chapter 40: 05-071		REG - DOE	Rule Chapter 40: 05-071				REG - DOE	Rule Chapter 40: 05-071	
Maryland	Primary	LEG	Code 7-421		LEG	Code 7-426.1.		DOE-PG / DOH-PG	Management of Students with Diabetes		REG-DOH	Reg 10.27.11.05
	Secondary	DOE - PG / DOH-PG	Management of Students with Asthma		DOE-PG / DOH-PG	Management of Students at Risk for Anaphylactic Reaction				DOE-PG / DOH-PG	Administration of Medication in Schools	
Massachusetts	Primary	LEG	General Law Title XXI Ch 71, Sec 54B		LEG	General Law Title XXI Ch 71, Sec 54B		LEG	General Law Title XXI Ch 71, Sec 54B		LEG	General Law Title XXI Ch 71, Sec 54B
	Secondary	DOH-REG	105 CMR 210.000		DOH-REG	105 CMR 210.000		DOH-REG	105 CMR 210.000		DOH-REG	105 CMR 210.000
Michigan	Primary	LEG	Code 380.1179.		LEG	Code 380.1179.		SBOE*	Management of Diabetes in the School Setting		LEG	Code 380.1178.
	Secondary	SBOE	Policy on the Management of Asthma in Schools		DOE - PG	Model Policy for Administering Medication				DOE - PG	Model Policy for Administering Medication	
		DOE - PG	Model Policy for Administering Medication									

STATE SCHOOL HEALTH POLICY MATRIX
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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT														
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION		POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION		POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY			
Minnesota	Primary	LEG	Statute 121A.22		LEG	Statute 121A.22		No policy			LEG	Statute 121A.22		
	Secondary	DOH - PG / DOE - PG / BON - PG	Guidelines for Med Admin in Schools		DOH - PG / DOE - PG / BON - PG	Guidelines for Med Admin in Schools				DOH - PG / DOE - PG / BON - PG	Guidelines for Med Admin in Schools			
Mississippi	Primary	LEG	Code 41-79-31.		LEG	Code 41-79-31.		No policy			LEG	Code 41-79-1		
	Secondary									BON - PG	Assisted Self Admin Curriculum			
Missouri	Primary	LEG	Statute 167.627.		LEG	Statute 167.627.		No policy			LEG	Statute 355		
									LEG	Statute 167.630.				
Montana	Secondary	DOH - PG	Med Admin in MO Schools		DOH - PG	Med Admin in MO Schools				DOH - PG	Med Admin in MO Schools			
	Primary	LEG	Code 20-5-420		LEG	Code 20-5-420		LEG	Code 20-5-412		REG-BON	Rule 24.159.1616		
Nebraska									LEG	Code 20-5-412				
	Secondary	DOE - PG	Serving Students with Health Care Needs		DOE - PG	Serving Students with Health Care Needs				DOE - PG	Serving Students with Health Care Needs			
Nevada	Primary	LEG	Statute 79-224.		LEG	Statute 79-224.		LEG	Statute 79-225.		LEG	Statute 71-6718 to 71-6742		
	Secondary									REG-DOE	Title 172, Chapter 95-005			
New Hampshire	Primary	LEG	Chapter 392.425		LEG	Chapter 392.425		REG-BON	Nursing Board Regulatory and Advisory Opinion		REG - BON	Chapter 632.226		
	Secondary									BON - PG	School Nurse Reg and Advisory Opinion			
Minnesota	Primary	LEG	Statute 200:46		LEG	Statute 200:42		No policy			REG-DOE/SBOE	Rule 311.02		
					LEG	Statute 200:43				LEG	Statute 200:45			
					LEG	Statute 200:44				LEG	Statute 200:47			
	Secondary	REG-DOE/SBOE	Rule 311.02		REG-DOE/SBOE	Rule 311.02				DOE-PG	Technical Advisory			

KEY for abbreviations is found on the last page of each topic in the matrix.

STATE SCHOOL HEALTH POLICY MATRIX
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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT											
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION		POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION		POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY
New Jersey	Primary	LEG		Title 18A:40-12.3	LEG		Title 18A:40-12.3	LEG	Statute 18A: 40-12.15	LEG	Statute 18A:40-12.6
										LEG	Statute 18A:40-12.11-21
	Secondary	DOE-REG/SBOE		Chapter 6A:16-2.1	DOE-REG/SBOE		Chapter 6A:16-2.1	DOE-PG	Guidelines for the Care of Students with Diabetes	DOE-REG/SBOE	Chapter 6A:16-1.4, 6A:16-2.1
										DOH-PG / DOE-PG	Training Protocols for the Emergency Admin of Epinephrine
New Mexico	Primary	LEG		Statute 22-5-4.3	LEG		Statute 22-5-4.3	REG-DOH	Admin Code 6.12.8.8	REG-BON	NM Nurse Practice Act
	Secondary	REG-DOE / SBOE		Admin Code 6.12.2.9.	REG-DOE / SBOE		Admin Code 6.12.2.9.	DOH-PG	NM School Health Manual (Supplement)	DOH - PG	NM School Health Manual
		DOH - PG		NM School Health Manual	DOH - PG		NM School Health Manual				
New York	Primary	LEG		Ed Law 916	DOH-PG / DOE-PG		Caring for Students with Life-Threatening Allergies	DOH - PG	Children with Diabetes	LEG	Ed Law 919
	Secondary	DOE - PG		NYSED Admin of Meds Guidelines						LEG	Public Health Law Section 2500- h
										(DOH-PG)	Glucagon Emergency Admin Training Tool
North Carolina	Primary	LEG		Statute 115C-375.2	LEG		Statute 115C-375.2	LEG	Statute 115C-12	LEG	Statute 115C-375.1
										LEG	Statute 115C-307
North Dakota	Secondary	DOH - PG		NC School Health Program Manual	DOH - PG		NC School Health Program Manual	DOH - PG	NC School Health Program Manual	DOH - PG	NC School Health Program Manual
	Secondary	DOH-PG / DOE-PG		Health Guidelines for ND Schools	DOH-PG / DOE-PG		Health Guidelines for ND Schools			DOH - PG	Health Guidelines for ND Schools
Ohio	Primary	LEG		Code 3313.716	LEG		Code 3313.718.	No policy		LEG	Code 3313.713

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Management of Chronic Conditions in the School Environment										
State	Primary or Secondary Policy Mechanism	Self-Admin of Asthma Medication		Self-Admin of Anaphylaxis Medication		Self or Staff Admin of Diabetes Medication		Staff Admin of Medication		Policy
Oklahoma	Primary	LEG		Statute 70-1-116.3	LEG		Statute 70-1-116.3	LEG		Statute 1210.196.7
	Secondary	DOH - PG		School Nurse Orientation Manual			DOH - PG		School Nurse Orientation Manual	DOH - PG
Oregon	Primary	LEG		Statute 339.866	LEG		Statute 339.866	LEG		Statute 339.866
	Secondary	REG - DOE / SBOE		Rule 581-021-0037	REG - DOE / SBOE		Rule 581-021-0037	REG-DOH		Admin Rules 333-55-000 through 035
Pennsylvania	Primary	LEG		Act 14-1414.1.	LEG		Act 14-1414.1.	REG-DOH		Guidelines for PA Schools for the Admin of Med
	Secondary	REG-DOH		Guidelines for PA Schools for the Admin of Med	REG-DOH		Guidelines for PA Schools for the Admin of Med			LEG
Rhode Island	Primary	LEG		Statute 16-21-22.	LEG		Statute 16-21-22.	LEG		Statute 16-21-22.
	Secondary	REG-DOH/REG-DOE		Rules and Regs for School Health Programs	REG-DOH/REG-DOE		Rules and Regs for School Health Programs	REG-DOH/REG-DOE		Rules and Regs for School Health Programs
South Carolina	Primary	LEG		Code 59-63-80	LEG		Code 59-63-80	LEG		Code 59-63-80
	Secondary	DOE - PG		FAQ Students Self-Medicating and Self-Monitoring	DOE - PG		FAQ Students Self-Medicating and Self-Monitoring	DOE - PG		FAQ Students Self-Medicating and Self-Monitoring
		DOE - PG		FAQ Ind Health Care Plans	DOE - PG		FAQ Ind Health Care Plans	DOE - PG		FAQ Ind Health Care Plans
South Dakota	Primary	LEG		Statute 13-32-11	LEG		Statute 13-32-11	No policy		LEG

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STATE SCHOOL HEALTH POLICY MATRIX
A Collaborative Project of NACDD, NASBE and AAHPERD

Management of Chronic Conditions in the School Environment												
State	Primary or Secondary Policy Mechanism	Self-Admin of Asthma Medication		Policy	Self-Admin of Anaphylaxis Medication		Policy	Self or Staff Admin of Diabetes Medication		Policy	Staff ¹ Admin of Medication	Policy
Tennessee	Primary	LEG	Code 49-5-415	LEG	Code 49-5-415	LEG	Code 49-5-415	LEG	Code 49-5-415	LEG	Code 49-5-415	
	Secondary	DOE- PG / DOH-PG	Guidelines for School Setting	DOE- PG / DOH-PG	Guidelines for School Setting	DOE- PG / DOH-PG	Guidelines for School Setting	DOE- PG / DOH-PG	Guidelines for School Setting	DOE- PG / DOH-PG	Guidelines for School Setting	
Texas	Primary	LEG	Code 38.015	LEG	Code 38.015	LEG	Code 168.002-009	LEG	Code 22.052	LEG	Code 168.007.	
	Secondary			DOE - PG / DOH-PG	Guidelines for the Care of Students	COA	Guidelines for Training School Employees	DOE - PG / DOH-PG	Guidelines for Admin Med in Schools	COA	Guidelines for Training School Employees	
Utah	Primary	LEG	Code 53A-11-602	LEG	Code 26-41-104	LEG	Title 53A-11-604	LEG	Title 53A-11-603	LEG	Title 26-41-104	
										LEG	Title 26-41-105	
	Secondary	DOE - PG	Technical Assistance Manual	DOE - PG	Technical Assistance Manual	DOE - PG	Technical Assistance Manual					
Vermont	Primary	LEG	Statute 16-31-1387	LEG	Statute 16-31-1387	DOH - PG	Management of Diabetes for Children in School	REG-DOE/SBOE	Rule 2120.8.5.			
	Secondary	DOE - PG	VT Standards of Practice: Medications	DOE - PG	VT Standards of Practice: Medications	DOE - PG	VT Standards of Practice: Medications	DOE - PG	VT Standards of Practice: Allergies			
								DOE - PG	VT Standards of Practice: Medications			
Virginia	Primary	LEG	Code 22.1-274.2	LEG	Code 22.1-274.2	LEG	Statute 22.1-274	LEG	Code 22.1-274	LEG	Code 54.1-3408	
										LEG	Code 54.1-3408	
	Secondary	DOH-PG	Gen Guidelines for Admin Med in Schools	DOH-PG	Gen Guidelines for Admin Med in Schools	DOE - PG	Training Manual for Admin of Insulin and Glucagon	DOH-PG	Gen Guidelines for Admin Med in Schools	DOE - PG	Training Manual for Admin of Insulin and Glucagon	

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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT										
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION	POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION	POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY	
Washington	Primary	LEG	Code 28A.210.370	LEG	Code 28A.210.370	LEG	Code 28A.210.330	LEG	Code 28A.210.260	
								LEG	Code 28A.210.330	
								LEG	Code 28A.210.370	
	Secondary			DOE-PG	Guidelines for Care of Students with Anaphylaxis			DOE - PG	Admin of Med in Schools	
West Virginia	Primary	LEG	Code 18-5-22b	SBOE	Rule 126-27-1	LEG	Code 18-2K-2	LEG	Code 18-5-22a	
	Secondary	SBOE	Policy 2422.8					SBOE	Policy 2422.8	

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MANAGEMENT OF CHRONIC CONDITIONS IN THE SCHOOL ENVIRONMENT									
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	SELF-ADMIN OF ASTHMA MEDICATION	POLICY	SELF-ADMIN OF ANAPHYLAXIS MEDICATION	POLICY	SELF OR STAFF ¹ ADMIN OF DIABETES MEDICATION	POLICY	STAFF ¹ ADMIN OF MEDICATION	POLICY
Wisconsin	Primary	LEG	Statute 118.291	LEG	Statute 118.292	No policy		LEG	Statute 118.29
Wyoming	Primary	LEG	Statute 21-4-310	LEG	Statute 21-4-310	No policy		SBOE	Rule 4362

KEY	
LEG	Legislation
SBOE	State Board of Education Policy
SBOH	State Board of Health
REG - DOE	State Department of Education Regulation
REG-DOE/SBOE	Department of Education Rule Adopted by State Board of Education
REG - SBOE	Regulation - State Board of Education
REG - DOH	State Department of Health Regulation
REG - DOA	State Department of Agriculture Regulation
REG - BON	Board of Nursing Regulation
DOE - PG	Department of Education - Policy Guidance
DOH - PG	Department of Health - Policy Guidance
BON - PG	Board of Nursing - Policy Guidance
SHAC	State Health Advisory Committee
COA	Coalition of Non-Governmental Organizations
*	Denotes recommendations or non-binding primary policy

STATE SCHOOL HEALTH POLICY MATRIX
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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement		Policy	Physical Education Graduation Requirement		Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions
Alabama	Primary	LEG	Code 16-40-1	REG-DOE/SBOE	Admin Code 290-3-1-02	SBOE	AL Course of Study: Physical Education	SBOE	AL Course of Study: Physical Education	
	Secondary	SBOE	AL Course of Study: Physical Education							
Alaska	Primary	No policy		REG-SBOE	Admin Code 4 AAC 06.075	No policy		No policy		
Arizona	Primary	REG-DOE/SBOE	Admin Code R7-2-301	No policy		No policy		LEG	Statute 15-346	
Arkansas	Primary	LEG	Code 6-16-132	LEG	Code 6-16-132	LEG	Code 6-16-132	LEG	Code 6-16-132	
	Secondary	LEG	Code 20-7-135.	REG-DOE/SBOE	AR Rules and Regulations for Standards of Accreditation of Pub Schools	REG-DOE/SBOE	AR Rules Governing Nutrition and Physical Activity Standards and BMI Assessment			
California	Primary	LEG	Ed Code 51210	LEG	Ed Code 51225.3	LEG	Ed Code 50605.2	LEG	Ed Codes 51241, 51246, 51242, 51222	
		LEG	Ed Code 51222					LEG	Ed Code 52316	
Colorado	Primary	LEG	Statute 22-25-106	No policy		No policy		No policy		
Connecticut	Primary	LEG	Statute 10-16b	LEG	Statute 10-221a	DOE-PG	Action Guide for School Nutrition and Physical Activity Policies	LEG	Statute 10-221a..	
	Secondary	SBOE	Position Statement on Nutrition and Physical Activity							
Delaware	Primary	REG-DOE/SBOE	Regulations Chapter 500	REG-DOE/SBOE	Regulations Chapter 500	No policy		REG-DOE/SBOE	Regulations Chapter 500	
DC	Primary	LEG	Codes 38-824.02-05	REG-DOE	Regulation Title 5, Chapter 22	LEG	Code 38-824.02	No policy		

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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement	Policy	Physical Education Graduation Requirement	Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions	Policy	
Florida	Primary	LEG	Statute 1003.455	LEG	Statute 1003.428	LEG	Statute 1003.455	LEG	Statute 1003.455	
	Secondary	LEG	Florida House of Representatives, Education Fact Sheet 2010-11: Physical Education					DOE-PG	Memorandum on Waivers	
Georgia	Primary	LEG	Code 20-2-142	REG-SBOE	Rule 160-4-2-.47	REG-SBOE	Rule 160-4-2-.12	No policy		
	Secondary	LEG	Code 20-2-777							
Hawaii	Primary	SBOE	Policy 2100	REG-SBOE	Policy 4540	DOE-PG	State of Hawaii Wellness Guidelines	No policy		
Idaho	Primary	LEG	Code 33-1605	REG-SBOE	Admin Code 08.02.03.104	No policy		No policy		
	Secondary	REG-SBOE	Admin Code 08.02.03							
Illinois	Primary	LEG	105 ILCS 5/27-7	No policy		LEG	105 ILCS 5/27-7	LEG	105 ILCS 5/27-6	
	Secondary	LEG	105 ILCS 5/22-75			LEG/SBOE	IL Enhance Physical Education Task Force: Recommendations and Report	LEG	105 ILCS 5/2-3.25g	
Indiana	Primary	LEG	Code 20-30-5-7	REG-SBOE	Admin Code 511 IAC 6-7-6.1	No policy		REG-SBOE	Title 511 Proposed Rule, LSA Document #09-383	
		LEG	Code 20-19-3-6							
	Secondary			REG-DOE/SBOE	High School Diploma Requirements			DOE-PG	Indiana Department of Education: Flexibility in Physical Education	

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Physical Education									
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement		Policy	Physical Education Graduation Requirement	Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions
Iowa	Primary	LEG	Code 256.11	LEG	Code 256.11	LEG	Code 256.11	LEG	Code 256.11
	Secondary	REG-DOE/SBOE	Admin Code 281-12.5(256)	REG-DOE/SBOE	Admin Code 281-12.5(256)			REG-DOE/SBOE	Admin Code 281-12.5(256)
Kansas	Primary	REG-SBOE	Statute 91-31-32	REG-SBOE	Statute 91-31-35	DOE-PG	Kansas School Wellness Policy Model Guidelines	REG-SBOE	Statute 91-31-35
Kentucky	Primary	SBOE	Kentucky Core Academic Standards	REG-DOE/SBOE	Reg 704 KAR 4:010. Physical education	No policy		REG-DOE/SBOE	Reg 704 KAR 4:010
Louisiana	Primary	REG-DOE/SBOE	Title 28, Bul 741, Sec 2357	REG-DOE/SBOE	Title 28, Bul 741, Sec 2357 & 2319	REG-DOE/SBOE	LAC 28:LIX.309	REG-DOE/SBOE	Title 28, Bul 741, Sec 2717
	Secondary	LEG	Statute 17:197.1.			REG-DOE/SBOE	Admin Code 28:LIII.101 and 107 Admin Code 28:CXV.2313		
Maine	Primary	LEG	Statute Title 20-A, Part 3, Ch 207-A, Sub 2, Sec 4711.	LEG	Statute Title 20-A, Part 3, Chap 207-A, Sub 2, Sec 4721	DOE-PG	ME Physical Education Guidelines	REG-DOE/SBOE	Rule Chapter 05, 071, Ch 127
	Secondary			REG-DOE/SBOE	Rule Chapter 05, 071, Ch 127				
Maryland	Primary	LEG	Code 7-409	REG-DOE/SBOE	Reg 13A.03.02.04	REG-DOE/SBOE	Reg 13A.04.13.01	No policy	
	Secondary	REG-SBOE	Reg 13A.04.13.01	REG-SBOE	Reg 13A.04.13.01				
Massachusetts	Primary	LEG	General Law 71, Sec 3 and 1	No policy		No policy		No policy	
	Secondary	REG-DOE/SBOE	603 CMR 26.05						

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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement		Policy	Physical Education Graduation Requirement	Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions	Policy
Michigan	Primary	LEG	Code 380.1502	LEG	Code 380.1278a	SBOE	Model Policy on Quality Physical Education and Physical Activity in Schools	LEG	Code 380.1278b	
				LEG	Michigan Merit Curriculum High School Graduation Requirements			LEG	Code 380.1502	Michigan Merit Curriculum: High School Graduation Requirements
Minnesota	Primary	LEG	Statute 120A.22	LEG	Statute 120B.021	LEG	Statute 120B.021	LEG	Statute 120B.021	
	Secondary	LEG	Statute 120B.021			LEG	Statute 124D.955			
Mississippi	Primary	LEG	Code 37-13-134	LEG	Code 37-13-134	LEG	Code 37-13-134	SBOE	Policy 4012	
	Secondary	SBOE	Policy 4012	DOE-PG	MS Public School Accountability Standards	SBOE	Policy 4012			
Missouri	Primary	LEG	Statute 161.102	REG-DOE/SBOE	Graduation Requirements for Students in Missouri Public Schools	LEG	§ 167.720. Physical education required -- definitions	No policy		
		LEG	Statute 167.720							
	Secondary	SBOE	Resource Standards for Missouri Public Schools	SBOE	Resource Standards for Missouri Public Schools	SBOE	Resource Standards for Missouri Public Schools			
Montana	Primary	REG-DOE/SBOE	Rule 10.54.2501	REG-DOE/SBOE	Rule 10.55.905	REG-DOE/SBOE	Rule 10.54.7010	No policy		
Nebraska	Primary	REG-DOE/SBOE	Rule Title 92, Ch 10	No policy		REG-DOE/SBOE	Rule Title 92, Ch 10	No policy		
	Secondary	SBOE	Policy for Coordinated School Health							

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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement		Policy	Physical Education Graduation Requirement		Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions
Nevada	Primary	LEG	Statute 389.018	REG-DOE/SBOE	Admin Code 389.664	No policy		REG -DOE/SBOE		389.488
	Secondary	SBOE	Statewide School Wellness Policy			SBOE	Statewide School Wellness Policy			
New Hampshire	Primary	LEG	Statute 189:11-a	REG-DOE/SBOE	Rule Ed 306.27	REG-DOE/SBOE	Rules Ed 306.41, 306.26, 306.27	REG-DOE/SBOE		Rule Ed 306.27
New Jersey	Primary	LEG	Statute 18A:35-7	REG-SBOE	Admin Code 6A:8-5.1	LEG	Statute 18A:35-7&8	REG -SBOE		Rule 6A:14-4.1
								REG-SBOE		Rule 6A:8-5.1
New Mexico	Primary	LEG	Statute 22-13-1	LEG	Statute 22-13-1.1	No policy		REG-DOE/SBOE		Admin Code 6.29.1.9
	Secondary	REG-SBOE	6.12.6.8							
New York	Primary	LEG	Ed Law 803	REG-DOE/SBOE	Title 8, Chap 2, Sub G, Sec 135.4	REG-DOE/SBOE	Title 8, Chap 2, Sub G, Sec 135.4	No policy		
	Secondary	REG-DOE/SBOE	Title 8, Chap 2, Sub G, Sec 135.4	DOE-PG	Physical Education FAQ	DOE-PG	Physical Education FAQ			
North Carolina	Primary	SBOE	Policy HSP-S-000	SBOE	Policy GCS-N-004	SBOE	Policy HSP-S-000	No policy		
North Dakota	Primary	LEG	Code 15.1-21-01	LEG	Code 15.1-21-25	No policy		No policy		
Ohio	Primary	REG-DOE/SBOE	Code 3301-35-04	REG-DOE/SBOE	Admin Code 3313.60	No policy		REG-DOE/SBOE		Admin Code 3313.60
	Secondary			DOE-PG	Guidance about Physical Education Graduation Requirements					

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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement	Policy	Physical Education Graduation Requirement	Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions	Policy	
Oklahoma	Primary	LEG	Statute 11-103.9	No policy		LEG	Statute 11-103.9	LEG	Statute 11-103.9	
Oregon	Primary	LEG	Statute 329.496	REG-DOE/SBOE	Rule 581-022-1130	LEG	Statute 329.496	LEG	Statute 329.496	
	Secondary	REG-DOE/SBOE	581-022-1210					REG-DOE/SBOE	Rule 581-022-1910	
Pennsylvania	Primary	LEG	Code 15-1512.1	REG -SBOE	Admin Code 57.31	No policy		No policy		
	Secondary	LEG	Code 15-1511. Subjects of instruction; flag code							
		LEG	Code 13-1327. Compulsory school attendance							
Rhode Island	Primary	LEG	Statute 16-22-4	No policy		LEG	Statute 16-22-4	No policy		
	Secondary	REG-DOE / REG-DOH	Rule R16-21-SCHO							
South Carolina	Primary	LEG	Code 59-10-10	REG-DOE/SBOE	Reg 43-234	LEG	Code 59-10-10	LEG	Code 59-10-10	
South Dakota	Primary	No policy		REG-DOE/SBOE	Rule 24:43:11:02	No policy		No policy		
Tennessee	Primary	REG-SBOE	Chapter 0520-1-3	REG-SBOE	Chapter 0520-1-3	No policy		REG-SBOE	Chapter 0520-1-3	
Texas	Primary	LEG	Code 28.002	REG-DOE/SBOE	19 TAC, Part II Chapter 74.52	LEG	Code 28.002	LEG	Code 28.002	
	Secondary	REG-SBOE	19 TAC, Part II, Chapter 74.2.					REG-SBOE	19 TAC, Part II, Chapter 74.11	
Utah	Primary	REG-SBOE	Rule 277-700-4	REG-SBOE	Rule 277-700-6	No policy		No policy		
Vermont	Primary	LEG	Statute Chapter 16, Chap 23, Sec 906	REG-SBOE	VT Manual of Rules and Practices	REG-SBOE	VT Manual of Rules and Practices	REG-SBOE	VT Manual of Rules and Practices	
	Secondary	REG-SBOE	Vermont State Board Manual of Rules and Practices							

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Physical Education									
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement		Physical Education Graduation Requirement		Physical Education Amount Frequency Intensity		Physical Education Waivers or Exemptions	
Virginia	Primary	LEG	Statute 22.1-207	REG-SBOE		No policy		No policy	
		LEG	Statute 22.1-253.13:1	REG-SBOE	Admin Code 8VAC20-131-100				
		LEG	Statute 22.1-200						
	Secondary	REG-SBOE	8VAC20-131-80 and 90						
Washington	Primary	LEG	Code 28A.230.040	REG-SBOE	Admin Code 180-51-061	REG-DOE	Admin Code 392-410-135	LEG	Code 28A.230.040
	Secondary	LEG	Code 28A.210.365					LEG	Code 28A.210.365
West Virginia	Primary	LEG	Code 18-2-7a	LEG	Code 18-2-7a	LEG	Code 18-2-7a	LEG	Statute 18-2-7a
	Secondary	REG-SBOE	Rule 126-44F-4			REG-SBOE	Rule 126-44F-4		

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Physical Education										
State	Primary or Secondary Policy Mechanism	Physical Education General Requirement	Policy	Physical Education Graduation Requirement	Policy	Physical Education Amount Frequency Intensity	Policy	Physical Education Waivers or Exemptions	Policy	
Wisconsin	Primary	LEG	Statute 121.02	LEG	Statute 118.33	LEG	Statute 121.02	LEG		Statute 118.33
	Secondary			REG-DOE	Admin Code PI 18.03					
Wyoming	Primary	REG-DOE/SBOE	Chapter 031	REG-DOE/SBOE	Chapter 031	No policy		No policy		

KEY

LEG	Legislation
SBOE	State Board of Education Policy
SBOH	State Board of Health
REG - DOE	State Department of Education Regulation
REG-DOE/SBOE	Department of Education Rule Adopted by State Board of Education
REG - SBOE	Regulation - State Board of Education
REG - DOH	State Department of Health Regulation
REG - DOA	State Department of Agriculture Regulation
REG - BON	Board of Nursing Regulation
DOE - PG	Department of Education - Policy Guidance
DOH - PG	Department of Health - Policy Guidance
BON - PG	Board of Nursing - Policy Guidance
SHAC	State Health Advisory Committee
COA	Coalition of Non-Governmental Organizations
*	Denotes recommendations or non-binding primary policy

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PHYSICAL ACTIVITY						
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	PHYSICAL ACTIVITY		POLICY	RECESS	POLICY
		Amount, Frequency	POLICY			
Alabama	Primary	No policy		No policy		
Alaska	Primary	No policy		No policy		
Arizona	Primary	DOH - PG*	AZ Physical Activity Program	No policy		
Arkansas	Primary	LEG	Code 20-7-135.	LEG	Code 20-7-135.	
	Secondary	REG-DOE/SBOE	AR Rules Governing Nutrition and Physical Activity Standards and BMI Assessment			
California	Primary	No policy		LEG	Ed Code 33350	
Colorado	Primary	LEG	Statute 22-32-136.5	DOH - PG	School Site Resource Kit Implementation Guide for the CO PA and Nutrition State Plan	
	Secondary	LEG	Statute 43-1-1601.			
Connecticut	Primary	DOE-PG*	Action Guide for School Nutrition and Physical Activity Policies	LEG	Statute 10-221o	
	Secondary	SBOE	Position Statement on Nutrition and Physical Activity	DOE-PG	Action Guide for School Nutrition and Physical Activity Policies	
Delaware	Primary	No policy		No policy		
DC	Primary	LEG	Code 38-824.02	LEG	Code 38-824.02	
	Secondary	DOE-PG	DCPS Local Wellness Policy	DOE-PG	DCPS Local Wellness Policy	
Florida	Primary	No policy		No policy		
Georgia	Primary	No policy		No policy		
Hawaii	Primary	SBOE	Policy 1110-6	SBOE	Policy 1110-6	
	Secondary	LEG	State of Hawaii Wellness Guidelines	DOE-PG	State of Hawaii Wellness Guidelines	
Idaho	Primary	No policy		No policy		
Illinois	Primary	LEG	105 ILCS 5/2-3.139	No policy		
	Secondary			LEG/SBOE	Illinois Recess in Schools Task Force Report	
Indiana	Primary	LEG	Code 20-30-5-7.5	LEG	Code 20-30-5-7.5	
Iowa	Primary	LEG	Code 256.11	LEG	Code 256.11	
	Secondary	REG-DOE/SBOE	LAC 28:LIII.505			
Maine	Primary	DOE-PG	ME Physical Education Guidelines	No policy		
Maryland	Primary	DOE-PG*	Making Wellness Work: A Guide to Implementing and Monitoring Wellness Policies in Maryland	DOE-PG*	Making Wellness Work: A Guide to Implementing and Monitoring Wellness Policies in Maryland	
Massachusetts	Primary	No policy		No policy		
Michigan	Primary	SBOE*	Model Policy on Quality Physical Education and Physical Activity in Schools	SBOE*	Model Policy on Quality Physical Education and Physical Activity in Schools	
Minnesota	Primary	LEG	Statute 124D.955	LEG	Statute 124D.955	

KEY for abbreviations is found on the last page of each topic in the matrix.

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PHYSICAL ACTIVITY						
STATE	PRIMARY OR SECONDARY POLICY MECHANISM	PHYSICAL ACTIVITY		POLICY	RECESS	POLICY
		Amount, Frequency	POLICY			
Mississippi	Primary	LEG	Code 37-13-134	No policy		
	Secondary	SBOE	Policy 4012			
Missouri	Primary	LEG	Statute 167.720	LEG	Statute 167.720	
	Secondary	SBOE	Resource Standards for Missouri Public Schools	SBOE	Resource Standards for Missouri Public Schools	
Montana	Primary	No policy		No policy		
Nebraska	Primary	SBOE	Policy for Coordinated School Health	No policy		
Nevada	Primary	SBOE	Statewide School Wellness Policy	SBOE	Statewide School Wellness Policy	
New Hampshire	Primary	LEG	Statute 189:11-a	REG-DOE/SBOE	Rule Ed 310.04	
	Secondary	REG-DOE/SBOE	Ed 310.03			
New Jersey	Primary	No policy		DOA - PG*	NJ Model School Nutrition Policy Guidelines	
New Mexico	Primary	REG-DOE/SBOE	Admin Code 6.12.6.8	DOE-PG*	NM School District Wellness Policy Guidance Document	
	Secondary	DOE-PG	NM School District Wellness Policy Guidance Document			
New York	Primary	REG-DOE/SBOE	Title 8, Chap 2, Sub G, Sec 135.4	No policy		
North Carolina	Primary	SBOE	Policy HSP-S-000	SBOE	Policy HSP-S-000	
North Dakota	Primary	No policy		No policy		
Ohio	Primary	LEG	Code 3313.6016	No policy		
Oklahoma	Primary	LEG	Statute 11-103.9	LEG	Statute 11-103.9	
Oregon	Primary	No policy		No policy		
Pennsylvania	Primary	No policy		No policy		
Rhode Island	Primary	No policy		No policy		
South Carolina	Primary	LEG	Code 59-10-10	No policy		
South Dakota	Primary	SBOE	SD Model Wellness Policy	No policy		
Tennessee	Primary	LEG	Code 49-6-1021	LEG	Code 49-6-1021	
	Secondary	SBOE	State Board Physical Activity Policy	SBOE	State Board Physical Activity Policy	
Texas	Primary	LEG	Code 28.002	LEG	Code 28.002	
Utah	Primary	No policy		No policy		
Vermont	Primary	DOH - PG*/ DOE-PG	VT Nutrition and Fitness Policy Guidelines	DOH - PG*/ DOE-PG	VT Nutrition and Fitness Policy Guidelines	
Virginia	Primary	LEG	Statute 22.1-253.13:1	REG-SBOE	Admin Code 8VAC20-131-200	
Washington	Primary	LEG	RCW 28A.210.365	No policy		
West Virginia	Primary	SBOE *	WVBOE Takes a Strong Stance on Student Wellness	No policy		

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PHYSICAL ACTIVITY

STATE	PRIMARY OR SECONDARY POLICY MECHANISM	PHYSICAL ACTIVITY Amount, Frequency	POLICY	RECESS	POLICY
Wisconsin	Primary	No policy		No policy	
Wyoming	Primary	No policy		No policy	

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LEG	Legislation
SBOE	State Board of Education Policy
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DOE - PG	Department of Education - Policy Guidance
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