



Making the right food choices, together.

HEALTHY BITES

PROVIDING LEADERSHIP TO SCHOOL NUTRITION PROFESSIONALS

SEPTEMBER/OCTOBER 2015 NEWSLETTER

Apply Today for the Diane Hayes Educational Scholarship

If you are in need of financial assistance in order to take classes, trainings or attend conferences to further your school nutrition career, we encourage you to apply for The Diane Hayes Educational Scholarship. Complete the scholarship application which is attached to this newsletter as well as available on our Web site at <http://www.colosna.com/index.php?page=59>.

The deadline to apply for a scholarship for any given training is 30 days prior to the training date. Applicants will be notified within a week of the application deadline regarding whether or not they will receive a scholarship.

School Lunch Snapshot: Capture Yours

Mark your calendar for National School Lunch Week: October 12-16, 2015. This year's theme, "School Lunch Snapshot" is all about taking and sharing great photos of real school lunches!

Visit www.schoolnutrition.org/NSLW for tips and ideas to get started planning your celebration or shop online for NSLW merchandise for your staff and students.

ANC 2015—Recap

As always, the SNA Annual National Conference was a fun, educational week of networking, fresh ideas and trying the latest and greatest products and services from the 380 vendors in attendance. More than 5,000 SNA members and industry partners flooded Salt Lake City July 12-16 to be part of this annual event.



Colorado was well represented as you can see from our state delegation photo. CSNA President-elect, Jeremy West, had this to say about his time at the conference, "ANC is the 'Must-Attend' conference of the year for me and my team. The oppor-

tunities to learn about innovative ideas and products, keep up on current trends and regulations and network are priceless to keeping me at the top of my game as a child nutrition professional.

My biggest takeaway from this year's ANC is the importance of using multiple modes of communication such as Twitter, Instagram, Facebook, to connect with our students and parents is

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Salad Bar Challenge:

The Colorado Potato Administrative Committee wants your school to get a free salad bar with the Let's Move Salad Bars to Schools Challenge! For more info or to sign up to get your FREE salad bar, go to:

<http://www.saladbars2schools.org/>

Or call the CPAC Office at 719-852-3322. Potatoes contain key nutrients that are currently under consumed by Americans—especially children—including potassium and fiber. At just 110 calories, the potato is also free of gluten, fat and cholesterol.



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Call for SNA Board and Leadership Development Candidates 2016 Election

Would you like an exciting opportunity to grow professionally, develop new skills, see school nutrition issues from a national perspective and make a contribution to the school nutrition profession?

The call for nominations to finalize the 2016 election slate is now open! Consider submitting your own name for nomination! Recommendation forms are due to SNA by Sept. 25. To learn more about SNA's February 2016 election, and access the candidate recommendation form visit schoolnutrition.org/snaelection.

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ANC 2015—Recap continued from Page 1
essential to growing our program and creating opportunities to dialogue with our communities. We have to be using the same technologies and modes of communication to be successful in reaching the larger community”.

SAVE THE DATE

**ANC 2016
San Antonio, TX
July 10-13, 2016**

Photo of San Antonio credited to visitsanantonio.com, Bob Howen photographer.



Submit Your FAME Nomination

Do you know of a school nutrition leader or innovator who deserves to be nominated for a national Foodservice Achievement Management Excellence (FAME) Award? While back-to-school season is always a very busy time for school nutrition professionals, you don't want to miss this special opportunity to recognize the outstanding accomplishments of colleagues in your district, state or even across the country. (You also can work with your supervisor on submitting your own nomination!) The deadline for nominations is **October 8, 2015**.

The FAME Awards, offered in six categories, recognize those who raise the school nutrition bar for others to follow. These are individuals who have triumphed over challenges and provided insightful and innovative solutions to the complex issues that are the hallmark of this business. If this describes you, your supervisor or a colleague, take the time to submit a nomination at www.fameawards.net before your busy back-to-school schedule takes over. The FAME awards are sponsored by Basic American Foods, Schwan's Food Service, Inc. and Tyson Foods, Inc. Visit the FAME Awards website for more details.



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Minimally processed without any artificial ingredients, our full line of products delivers great taste with all the benefits of turkey to help you meet nutritional requirements. With kid-friendly products like patties and pre-sliced turkey and turkey ham, you'll earn high marks in taste, quality and nutrition.

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Hobby Whalen Sales and Marketing
Amanda Martin
303-283-0000
amartin@hobbywhalen.com



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Free Online Courses by Healthy Food Choices in Schools Experts!

The eXtension Healthy Food Choices in Schools has created two, free hour-long online classes.

In the first course, learn how the principles of behavioral economics can help the increase sales and consumption of healthy foods in school lunchrooms, to identify funding and resources available to enhance your school meal program and to measure and communicate school meal program successes.

For more information or to enroll, please visit <http://tinyurl.com/lgdrkfu>.

In the second course, learn to identify steps for creating positive messaging about healthy school meal program changes, how the Six Persuasion Principles can help improve student food selection and some of the challenges and successes of implementing a Smarter Lunchroom Makeover and how to create a stakeholder group, work plan, and conduct a needs assessment of your school lunchroom

For more information or to enroll please visit: <http://tinyurl.com/p883zyf>.

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Back to School, Back to Learning with SNA Webinars

Join us for SNA's Talk Tuesday and Webinar Wednesday series. Webinars are a great way to develop professionally and learn from peers across the country. With SNA webinars, you'll learn about hot topics in school nutrition, explore your SNA member benefits and frequently earn Continuing Education Units (CEUs). Check out our upcoming webinars below and be sure to visit our Web site at <https://schoolnutrition.org/Webinars/> for new webinar listings:

- Wed., Sept 9: Breakfast in the Classroom Stakeholder Engagement: How to Win Friends and Influence People
- Tues., Sept 15: Successful State Association and Local Chapter Board Management

All webinars are held at 2pm Eastern Time (1pmCT/Noon MT/11am PT).

Resources for Professional Standards

The final USDA Professional Standards rule for foodservice directors, managers, school nutrition staff and state agency directors is here and effective July 1, 2015. To help with implementation of the new standards, SNA has created several useful resources, available on our dedicated USDA Professional Standards webpage at <https://schoolnutrition.org/Cert/USDAProfessionalStandards/>. Here, you will also find links to the USDA's own resources, including the new USDA Training Tracking Tool and the Professional Standards Training Guidelines exclusively for SNA members and SNA state affiliates. If you have any questions about professional standards, please contact the SNA Professional Development Team at education@schoolnutrition.org.

In addition to SNA's resources surrounding Professional Standards, CSNA is also preparing for these changes as our Regional Trainings are getting a make-over! The trainings will be implemented in a wider variety of locations across Colorado and will focus on helping school food authority employees, managers and directors meet the requirements of Professional Standards.

In preparation for our new training topics, CSNA will not be hosting trainings in the Fall; but will begin these trainings in late Spring of 2016. As details are confirmed, look for updates in the *Healthy Bites Newsletter* as well as on our Web site www.colosna.com.

CSNA Questions?

Questions about items highlighted in the CSNA newsletter or for advertising inquiries? Contact Jen Johnson at 303-993-8064 or jen@colosna.com.