

Littleton Public Schools

002247 - Street Tacos, Chicken : LPS 17	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: 2 each Alternate Recipe Name: Chicken Street Tacos	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: 0.5 cup Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
902985 TORTILLA, WHITE, 4",..... 902984 CHICKEN, SHREDDED...	100 Each 6 lbs + 14 ozs	<p>CCP: Heat to 165° F or higher for at least 15 seconds</p> <p>CCP: <i>**ALL FULLY COOKED FOODS WILL BE HELD/MAINTAINED AT OR ABOVE 135° BEFORE AND DURING SERVICE</i></p> <p>Preparation Instructions:</p> <ol style="list-style-type: none"> Thaw chicken in the cooler overnight. Steam the chicken for 30 min or until the temperature reaches 165°. Stack tortillas, cover, and place in the warmer with a pan of water at the bottom. Allow the tortillas to warm. Once on the line, set tortillas over top of a steam well.
		<p>Serving Instructions:</p> <ol style="list-style-type: none"> Build tacos on the line. Each student gets 2 tacos with a # 20scoop of chicken in each. You may pre-boat the tortillas if needed. Serve with condiments as listed on the menu worksheet <p>Serving Contributions:</p> <p>2 tacos = 2 Meat/Meat Alternates, 2 Grains</p>
		<p>Preparation Notes:</p> <ul style="list-style-type: none"> Serve both chicken and pork street tacos

*Nutrients are based upon 1 Portion Size (2 each)

Calories	261 kcal	Cholesterol	44 mg	Sugars	0.0 g	Calcium	47.67 mg	26.88%	Calories from Total Fat
Total Fat	7.78 g	Sodium	539 mg	Protein	19.19 g	Iron	2.22 mg	7.31%	Calories from Saturated Fat
Saturated Fat	2.12 g	Carbohydrates	29.52 g	Vitamin A	0.0 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.76 g	Vitamin C	0.0 mg	Ash ¹	*N/A* g	45.29%	Calories from Carbohydrates

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Recipe Sizing Report

29.45% Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes optional nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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002248 - Street Tacos, Pork : LPS 17	Components	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: 2 each Alternate Recipe Name: Pork Street Tacos	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: 0.5 cup Milk:				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
902985 TORTILLA, WHITE, 4",..... 902968 Pork, Seasoned, Roasted....	100 Each 7 lbs + 3 ozs	<p>CCP: Heat to 165° F or higher for at least 15 seconds</p> <p>CCP: <i>**ALL FULLY COOKED FOODS WILL BE HELD/MAINTAINED AT OR ABOVE 135° BEFORE AND DURING SERVICE</i></p> <p>Preparation Instructions:</p> <ol style="list-style-type: none"> 1. Thaw pork in the cooler 2days in advance. 2. Cook the pork at 300° for 45 - 60 min or until the temperature reaches 165°. 3. Stack tortillas, cover, and place in the warmer with a pan of water at the bottom. Allow the tortillas to warm. Once on the line, set tortillas over top of a steam well.
		<p>Serving Instructions:</p> <ul style="list-style-type: none"> • Build tacos on the line. Each student gets 2 tacos with #16 scoop of pork in each. You may pre-boat the tortillas if needed. • Serve both pork and chicken street tacos. <p>Serving Contributions:</p> <p>2 tacos = 2 Meat/Meat Alternates, 2 Grains</p>

*Nutrients are based upon 1 Portion Size (2 each)

Calories	335 kcal	Cholesterol	65 mg	Sugars	1.0 g	Calcium	47.67 mg	35.21%	Calories from Total Fat
Total Fat	13.12 g	Sodium	825 mg	Protein	24.52 g	Iron	2.77 mg	10.78%	Calories from Saturated Fat
Saturated Fat	4.02 g	Carbohydrates	29.78 g	Vitamin A	0.0 IU	Water ¹	*N/A* g	0.00%	Calories from Trans Fat
Trans Fat ²	0.00 g	Dietary Fiber	0.76 g	Vitamin C	0.0 mg	Ash ¹	*N/A* g	35.53%	Calories from Carbohydrates
								29.25%	Calories from Protein

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